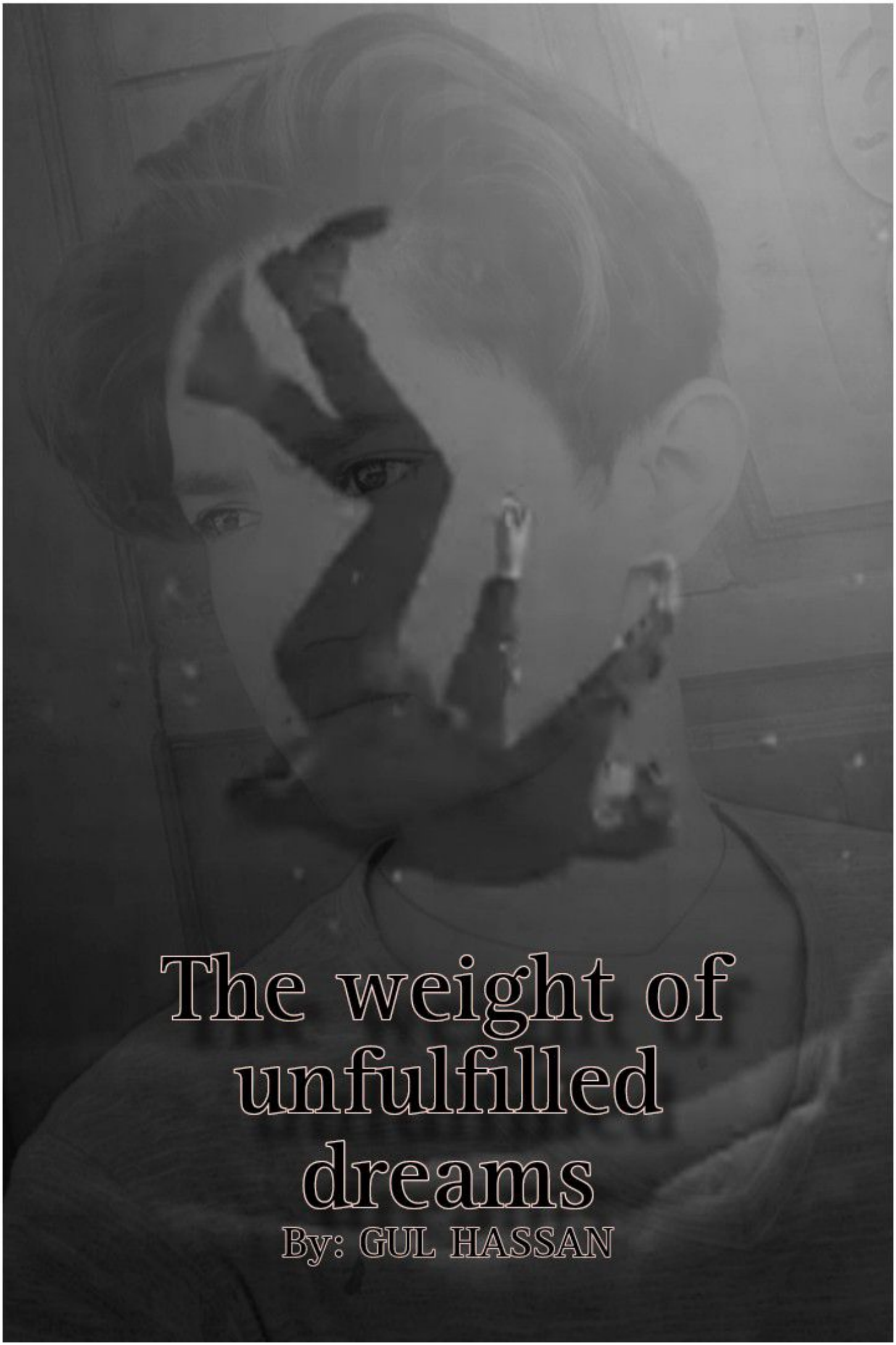
The weight of unfulfilled dreams
By: GUL HASSAN

introduction :

"Welcome to 'The Weight of Unfulfilled Dreams', a poignant exploration of the human experience. In this book, I, Gul Hassan, invite you to embark on a journey with me as I navigate the complexities of desire, longing, and the pursuit of dreams. Through my own story, I aim to illustrate the profound impact that unfulfilled desires can have on our lives, and the importance of finding solace in the imagination when reality falls short.

As I reflect on my own life, I realize that not all dreams are meant to be fulfilled. Sometimes, it's the act of imagining, of holding onto hope, that gives us the strength to carry on. This book is a testament to the human spirit's capacity to find joy and meaning in the face of unfulfilled desires. I hope that my story will inspire you to reframe your own relationship with desire, and to find peace in the knowledge that sometimes, the weight of unfulfilled dreams can be carried with dignity and grace."

"My name is Gul Hassan, and this short book is a reflection of my innermost thoughts and feelings. I hope that it will inspire you to reflect on your own thinking and imagination, and to discover the power that lies within you."

But the question is, how?

The great scientist Albert Einstein once said that thinking is a difficult task, and only a few people have the ability to think deeply. Those who can think deeply can accomplish more. However, it's not always necessary that every desire is fulfilled. But how do we lift the weight of unfulfilled desires from our minds and stay happy? Sometimes, certain desires can make us unhappy if they're not fulfilled.

"When you think 'I can do it,' the possibility of you doing it increases. But when your own mind thinks 'I can't do it,' then it's absolutely impossible.

They can because they think they can!

__Virgil

"If you have many desires, give yourself more time, because when you give yourself time, you'll have more time to think about those desires, and ideas will come that will help you fulfill them. Always note that when you're alone, 95% of the time, you think about yourself and your own benefit. And because of this thinking, many ideas come to your mind, 'How can I fulfill this desire?' But when you give more time to others, they'll only talk nonsense and seek advice about their own lives, which will benefit them, not you. So, giving yourself time is better than giving time to others.

"Now, let's talk about how to remove the weight of unfulfilled desires from our minds, because sometimes they can cause us pain and suffering in our lives, and we can't fulfill them even if we want to. But I've said that giving yourself more time is essential. This way, you'll think more about your desires, but just thinking isn't enough. Having a positive mindset is crucial. With positive thinking, the chances of getting positive results are higher."

"Always when you think about something, about fulfilling something, think and imagine it happening with enthusiasm, because imagination is powerful.

Think, act, and talk with enthusiasm, and you'll attract positive results.
– Michael Leboeuf

When you think more and think positively, the chances are higher that you'll get positive results. And always imagine yourself fulfilling your desires.

Imagination is more important than knowledge.
– Albert Einstein

You can think more and imagine your desires being fulfilled when you give yourself more time, spend more time alone, and prioritize your imagination. Keep your imagination positive, because when your imagination is positive and focused on fulfilling your desires, the results will also be positive. But if you imagine negative outcomes, the possibility is higher that you'll get negative results, because your mind decides whether you can do it or not.

"Sometimes, when you think about someone or something, and suddenly they appear, it's not a coincidence. It's a connection of minds. This shows that thinking and imagining can bring possibilities to fulfill desires. But what about desires that don't get fulfilled despite our efforts? How do we remove the weight of those unfulfilled desires from our minds?

"Whatever happens to you is what you've thought about, whether it's positive or negative. If your desire isn't fulfilled, imagine it being fulfilled. This increases the chances of it happening. Even if it doesn't, your mind will believe it's already happened due to the power of imagination. Imagination is powerful, and it can control your mind, making it believe you've achieved your goal.

"But if you only think negatively and imagine failure, it will have a bad impact on your mind. Your mind will believe you can't do it, making it more likely that you won't succeed. Your mind decides what you can or can't do, and your thoughts determine your abilities."

"Thinking deeply and imagining more compels you to take action, and when your thinking and imagination are positive, the chances increase significantly that you'll fulfill your desires quickly. Positive thinking and imagination make the result positive. Always convince your mind through your thoughts that you can do it, and convince your mind through your imagination that you've already done it. This will help your mind work towards fulfilling that desire, and your mind will also believe that you've already achieved it. As a result, your mind won't be affected negatively, and the weight of unfulfilled desires will be lifted from your shoulders.

"Convincing your mind is crucial, as negative thinking and imagination can push you towards failure, leading to depression and the burden of unfulfilled desires. Therefore, always keep your thoughts and imagination positive, and convince your mind that you can do it or that you've already done it."

"Many celebrities and big names don't openly praise other celebrities when asked about them. However, when asked about themselves, they openly praise themselves and always portray themselves as superior to others. This is because mindset matters. Whether you're better than others or not, if you think you're better and imagine yourself as better, you'll start to get responses that confirm you're better.

"But if you think and imagine yourself as inferior to others, you'll automatically start getting responses that confirm that. Your confidence will always be low, and you'll remain hesitant. Therefore, always think and imagine yourself as better, and show yourself in a better light. This will get you positive responses, and not just you, but people around you will also start to think you're better.

"Keeping your thoughts and imagination positive is crucial because your mind decides whether you're better or not based on your thoughts."

"Always keep your body relaxed and your mind relaxed. Never let your mind behave in a way that says 'I couldn't do it' or 'I won't be able to do it.' Through your thinking and imagination, always convince your mind that you can do it or that you've already done it.

"Positive thinking will compel you to take action and attract positive results. Positive imagination will convince your mind that you've already achieved your goal, and your mind will relax, making you feel happy and fulfilled. This will also lift the weight of unfulfilled desires and increase positivity.

"Therefore, it's essential to always stay positive and convince your mind that you can do it and that you've already done it. However, very few people can do this. Often, people say 'don't think too much about it, it'll happen,' but the truth is, if you don't think about it, you won't have an idea of how to do it or how it will happen.

"So, always think positively, but not negatively. Keep your mind relaxed, because when your mind is not relaxed, you can't think positively, and if you don't think positively, getting positive results is difficult. Therefore, always think more, but positively.

"Spend time alone. When you spend time alone, you're not affected by other people's judgments or unnecessary advice. You're the one who knows yourself best and can think positively about your own abilities. When you seek advice from others to fulfill your desires, there's a high chance they'll say it's difficult, and your mind will start to believe it's indeed difficult. Your mind will convince you that you can't do it, and you'll feel tense and burdened, which will ruin your happiness and peace.

"Therefore, always give yourself more time and spend time alone. Spending time alone will increase your thinking power. However, it's essential to remember to always think positively. When you don't think positively about yourself, your mind will behave in a way that says you're not capable of achieving your desires.

"Positive thinking and positive imagination are crucial. In your imagination, you can do everything that's possible and even impossible. So, always imagine yourself fulfilling your desires. This will increase the chances of you achieving them. Alternatively, convince your mind that you've already achieved your goal, which will lift the weight of unfulfilled desires."

"Often, when we observe successful countries or successful people, we notice that they don't spend too much time with others, except for professional purposes. Instead, they focus on their work and utilize their time efficiently. They also prioritize activities that enhance their thinking and imagination, such as listening to music, taking walks, or spending time alone.

"When we observe people from Western countries or interact with them, we might notice that they don't indulge in excessive conversation. They prefer to spend more time on themselves, which helps develop their thinking and imagination. This, in turn, aids them in achieving their goals and fulfilling their desires.

"The reason behind their success lies in their positive mindset. They don't dwell on negative thoughts like 'we can't do it.' Instead, they maintain a positive attitude, and the results follow suit. By giving themselves time and space, they're able to think clearly and work towards their goals.

"This approach helps them avoid the burden of unfulfilled desires and achieve success. By prioritizing self-reflection and positive thinking, they empower themselves to turn their aspirations into reality."

The woman who died watching TV — and whose absence went unnoticed for 42 years

In the heart of Zagreb, Croatia, a woman vanished without a trace. Her name was Hedviga Golik, and the last time anyone saw her alive was in 1966. No one asked questions about her whereabouts. There were no close relatives to report her disappearance, no friends wondering why she had suddenly gone silent. No one even noticed she was gone.

In 2008, Zagreb authorities attempted to reassign an old apartment — one that had apparently been vacant for years. So much time had passed that people had forgotten who the apartment belonged to. When authorities forced open the door, the scene that greeted them was shocking and heartbreaking. Hedviga Golik sat in her chair, facing an old 1960s TV, with a cup of tea beside her, her body mummified by time. Her body had lain there for at least 42 years — in complete solitude, entirely out of sight.

The apartment was hers, purchased during the former Yugoslavia era. No one had entered the apartment since 1966. Neighbors assumed she had moved elsewhere... but no one ever tried to verify. No one looked for her, no family, no friends, and no report of her disappearance was filed.

The interior of the apartment was like a time capsule: dishes still in the sink, thick dust on the furniture, and the TV still facing the chair — as if ready to broadcast the evening news to a woman the world had long forgotten.

"They say that some people's desires are a bit strange, and yeah, my desire is that I wish I could die in such a way that no one cries over my death, no one finds out, and there's no fuss. Just quietly, at home, alone. I don't know if this will happen to me or not, or if this desire of mine will be fulfilled. But as I said, the more you think about something, the more you imagine it, the more possibilities increase that it might happen. It's funny, but yeah, I've given myself this kind of death many times in my imagination. And the more I'm alone, the more I feel like it might actually happen like that.

"Being alone is a different kind of peace, where you give yourself time, understand yourself, and change yourself. So, give yourself as much time as you can. Giving yourself time always proves to be better than giving time to others."

"I've always preferred being alone, avoiding social interactions and conversations. When I need to talk to someone, I simply imagine them and have a conversation in my mind. In my imagination, I can talk to them exactly how I want, which is quite different from real life. In real life, when you meet someone and talk to them, it's often just small talk, and people usually only discuss things that benefit them. When you ask for advice, you'll often get a predictable response.

"There were some people in my life who I enjoyed talking to and spending time with, but as time went on, their interest waned. They started to value our interactions less and less, and their responses became increasingly negative. It became clear that they weren't interested anymore, so I decided to go my own way.

"Now, when I want to talk to someone, I simply imagine them and have a conversation in my mind. We have great conversations, spend quality time together, and even resolve issues. I've made imagination my life, and it's surprisingly more satisfying than real life. In my imagination, I can do whatever I want, and it's where I find true peace. Imagination is what fulfills my desires, which I often can't fulfill in real life."

"The mind is everything. What you think you become." - _Buddha

"Logic will get you from A to B. Imagination will take you everywhere." - Albert Einstein

"The imagination is a powerful tool for creating new realities." - Deepak Chopra

"The imagination is a powerful force that can shape our reality." - Richard Bach

"The true sign of intelligence is not knowledge but imagination." - Albert Einstein

"The imagination is the true magic carpet." - _Norman Vincent Peale

"Imagination is the eye of the mind." - _Joseph Joubert

"Imagination is the beginning of creation. You imagine what you desire, you will what you imagine, and at last you create what you will."
__George Bernard Shaw

"Imagination is more important than knowledge. Knowledge is limited. Imagination encircles the world." - Albert Einstein

There are many examples of imagination being used by geniuses who have considered imagination more important than knowledge because imagination has no limits or boundaries. Imagination is a true source of peace and a powerful tool that can help you shape your future. You can fulfill your desires in your imagination, even if you can't in reality. Imagination can give you peace and happiness, and it's possible that your desires may actually come true.

Imagination and thinking have no limits. You can achieve what you want, and it gives you true peace and happiness in life. To achieve this, it's essential to give yourself quality time rather than others. You become what you think, and you become what you imagine. So, always think of your desires being fulfilled and imagine them happening. This will bring you peace, happiness, and remove the weight of unfulfilled desires from your mind.

jcbuyas

Jim Carrey is a famous actor who used the power of imagination to achieve his dreams. In the early days of his career, he faced many struggles and rejections. However, he never gave up on his dreams. Instead, he used visualization techniques to imagine himself as a successful actor.

One day, Jim Carrey wrote himself a check for $10 million, dated it for Thanksgiving 1995, and added the notation "for acting services rendered." He carried this check with him everywhere he went, looking at it every day, and truly believing that he would achieve his goal.

By visualizing himself as a successful actor, Jim Carrey was able to stay focused and motivated. He worked hard to develop his craft, and eventually, his big break came. Today, Jim Carrey is one of the most successful actors in Hollywood, and he credits his success to the power of visualization and imagination.

This story also reveals the power of our own thinking and imagination. When we truly desire something from the heart, we should imagine it happening, think about it happening, because our thoughts and imagination are what drive us towards the result and motivate us to take action. Therefore, we should always stay positive, think positively, and imagine positively about our desires and dreams. We should imagine our desires and dreams being fulfilled.

Positive thinking and positive imagination always attract positive results. Positive thinking and positive imagination are what give our minds the confidence that we can do it or that we have already done it. This makes our minds believe it, relax, and removes the weight of unfulfilled desires and dreams from our heads.

Chapter: Dreams Beyond the Ordinary

In the quiet corners of history, some minds dared to wander where others feared to tread. They imagined not what was, but what could be, often paying a personal price for their visions. These were the dreamers who carried the weight of unfulfilled possibilities, yet changed the world with their imagination.

Albert Einstein: for instance, spent hours lost in thought, asking simple yet profound questions like, “What if I could ride alongside a beam of light?” From this curiosity, he built the theory of relativity, proving that daring to think differently could redefine reality itself.

Nikola Tesla: too, saw the world not as it was, but as it might be. While others relied on the known, he envisioned invisible currents of energy powering the globe. Though many dismissed his ideas as impossible, Tesla's imagination refused to bow to disbelief, illuminating the unseen potentials of human thought.

Centuries earlier: Leonardo da Vinci sketched flying machines, submarines, and anatomical diagrams, bridging the worlds of art and science. His inventions remained unbuilt in his time, yet his relentless curiosity reminds us that imagination often precedes reality by decades—or even centuries.

Marie Curie worked tirelessly with dangerous radioactive materials, driven by a desire to understand forces invisible to the eye. She faced societal barriers, skepticism, and personal risk, yet never let them dim her vision. Her story exemplifies the power of persistence when guided by a curious mind.

Richard Feynman approached the universe like a puzzle meant to be played with. He solved complex physics problems and delighted in seemingly trivial experiments—playing bongo drums or cracking safes. Through joy and curiosity, Feynman demonstrated that imagination could coexist with the rigor of science.

J.K. Rowling: in a small café with her child at her side, created a magical world while grappling with the harsh realities of life. Her imagination transformed struggle into stories that would inspire millions, showing that even personal hardships can fuel extraordinary creativity.

Steve Jobs envisioned technology not merely as tools, but as extensions of human creativity. He insisted that machines should be beautiful, intuitive, and inspiring. Through persistence and vision, he reshaped industries, proving that imagination paired with action can change the world.

Hypatia of Alexandria pursued mathematics and philosophy in an era that discouraged women from knowledge. She imagined truths beyond societal constraints, embodying the courage to think freely even in the shadow of oppression.

Finally, Hedy Lamarr, famed for her beauty on screen, secretly dreamed of invisible signals connecting the world. Her invention of frequency-hopping technology laid the foundation for modern wireless communication, proving that imagination can flourish in the most unexpected places.

These dreamers, separated by centuries, fields, and circumstances, share a common thread: the courage to imagine beyond the ordinary. They carried the weight of unfulfilled dreams, yet in doing so, they shaped the future. Perhaps the lesson they leave behind is simple, yet profound: our dreams—whether fully realized or not—are the seeds of what the world might one day become.

Dreams that linger,
unfulfilled and bright
In the realm of imagination,
they take flight
Thoughts that whisper, of
what could be
A future that's uncertain, yet
to see

In the depths of our minds,
they reside
A spark of hope, that never
subsides
Imagination fuels, the fire
that burns
Guiding us forward,
through life's concerns

Though unfulfilled, they
may seem today
In our dreams, they'll
forever stay.

The End